

# **ABOUT US**

#### **Our Mission**

Utah Foster Care (UFC) serves Utah's children by finding, educating and nurturing families to meet the needs of children in foster care.

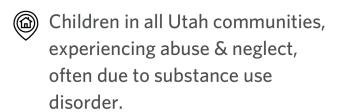
# **Our History**

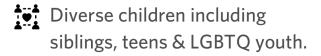
UFC is a 501 (c) 3 private nonprofit created in 1999 by Gov. Mike Leavitt and the Utah Legislature, serving every corner of the state.

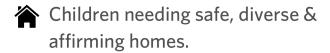
# **Our Impact**

16,000 foster families recruited and trained since 1999, participating in support groups, mentor programs, ongoing trainings, and more.











State licensed adults who complete Utah Foster Care's trauma-informed training, a background check, and a home study ensuring safety for children in foster care.

# Requirements

- Single or legally married
- Home owner or renter
- Documented US Status
- Age 18 and older



# STATEWIDE STATS

#### **DIVISION OF CHILD AND FAMILY SERVICES**

FISCAL YEAR 2021

- 2123 Utah children are currently in foster care
- 856 Utah children currently in kinship care
- Teens make up nearly half of children in foster care.
- Substance use disorder\*\* is a contributing factor in 79.10% of children entering foster care.
- In Utah, most children are in foster care for about 13 months.
- More than two-thirds of children who enter foster care return to live with their birth parents or another relative. (69.3%)
- 90% of children reunified with their families did not come back into foster care in the following year.
- 344 were adopted or custody/guardianship awarded to a foster parent/non-relative.
- Seven out of ten children in foster care have siblings. (69.4%)
- One in four children in foster care in Utah are Latino. (27.4%)
- One in three children in foster care are LGBTQ. (Nationally)



# TRAINING & SUPPORT

# **Trauma-Informed Training**

Utah Foster Care and our partners at Utah's State Division of Child & Family Services are committed to the welfare of children in care. An essential part of that commitment is the training that each family undergoes. Training affords foster, adoptive, and kinship families not only the tools they need to succeed but the confidence necessary to thrive.

Trainings cover topics such as child development, trauma and it's effects, minimizing the trauma of placement, understand the child's families, managing emotions and behaviors, and more.

# **Support for Foster Families**

Donor-funded programs promote healing and connection for youth in foster care and support for the families caring for them.

#### Wishing Well

Wishes for children in foster care, such as sports fees, music lessons, dance lessons, etc. to build self-esteem and provide normal child experiences.

# **Therapy Services**

Foster families can access professional support to navigate the grief and trauma that often comes with their foster care journey.

# Mentoring

Promotes knowledge, skills, resources, networking, team building, crisis support, connection, safety plans, and coping skills.

