Clusters, What Are They?
Clusters are peer groups for foster, adoptive, and kinship families who meet together on a monthly basis for support & required training.
Learn more, online!

North Cluster
Jessica (801) 432-0720
jessica.fostercare@gmail.com

Central Cluster
Beth (801) 426-8782
snb8782@yahoo.com

South Cluster
Teresa (801) 489-4178
utahsouthcluster@gmail.com

Level III Cluster
Heidi (801) 373-3006
heidi.naylor@utahfostercare.org

Adoption Cluster
Ronnett (801) 369-9734
adoptedfosterkids@gmail.com
Anna (801) 369-6664
annafechter@gmail.com

Kinship Cluster
Carmen (801) 830-4646
flybabycarmen@gmail.com

Intro to TBRI
Formerly Pathways
Beverly Johnstone
March 18; 9:00am-4:00pm
Provo DCFS Room 5020 & 5030
Required to adopt. We will talk about post-adopt services & support, trauma’s impact on a child & how to implement trauma-informed parenting at home.
Email bjohnstone@utah.gov to register.

Healing Trauma
Modules 3 & 4
Terumi Sagers, BS
February 24; 5:30-8:30 pm
Fred House Academy/14727 S Minuteman Dr
Trauma Effects & Building a Safe Place for Children: How trauma can interfere with a child’s development and functioning and how to help them begin to feel safe.

Healing Trauma
Modules 5 & 6
Terumi Sagers, BS
March 30; 5:30-8:30pm
Fred House Academy/14727 S Minuteman Dr
Dealing with Feelings and Behaviors Connections and Healing: How to help children develop new emotional skills and positive behaviors.

Healing Trauma
Modules 7 & 8
Terumi Sagers, BS
April 27; 5:30-8:30pm
Fred House Academy/14727 S Minuteman Dr
Becoming an Advocate & Taking Care of Yourself: Become a trauma-informed advocate and increase your personal coping skills and resiliency.

Healing Trauma
Modules 1 & 2
Tricia Jensen, SSW
May 18; 5:30-8:30pm
Fred House Academy/14727 S Minuteman Dr
Introduction to Trauma-Informed Care: Understanding how children may respond to traumatic events.

Fred House Academy is located in Draper. It is on the east side of I-15, south of the DMV.

Locate your Cluster...

North: Cities north of Lindon to the Utah County border
South: Cities south of Provo including Millard/Juab
Central: Provo/Orem & Wasatch/Summit (for now)
Level III: Those who care for Level 3 children
Adoption: Those who have adopted from Utah’s foster care system (with or without current licenses)
### Infertility Issues

**Madison Thomas, Infertility Center**  
**February 20; 6:00-8:00pm**  
*Utah Foster Care / 274 W Center St*

We will talk about dealing with the day to day with the personal crisis of infertility and how it impact's our lives. Especially, when fostering.

### Central & Level 3 Clusters

**Les Harris, LCSW**  
**March 4; 6:00-8:00pm**  
*Orem UFC / 274 Center St*

As we are ever evolving so is our understanding of sexual issues in our children. Les has 2 decades of experience serving this population of youth.

### North Cluster

**“Yes Virginia, there is a birth family!”**

**Trish Jensen, SSW**  
**March 18; 1:00-3:00pm**  
*Orem UFC / 274 W Center St*

From the perspective of an adopted child, learn why connection to our primary family is a benefit for both the adopted child and the new parents alike.

**Lessons Learned**

**Panel Discussion**  
**March 24; 6:00-8:00pm**  
*Orem UFC / 274 W Center St*

A panel of experienced foster parents will discuss valuable lessons they have learned in areas like court, visitation, working with the state, and relationships with biological parents.

### CPR/First Aid Training

According to the Office of Licensing, ONLINE CERTIFICATION COURSES ARE ACCEPTABLE. Feel free to find a course that suits you by searching “CPR/First Aid Training or Certification.” FYI, you can take a totally free course at the following website [http://www.firstaidforfree.com/](http://www.firstaidforfree.com/).

If you use this site, please take the “basic first aid” AND “Basic CPR” courses. They are separate courses and you will need each one to get licensed.