

Support Groups

CLUSTERS, WHAT ARE THEY?

Clusters are peer groups for foster, adoptive, and kinship families who meet together on a monthly basis for support & required training.

Learn more, *online!*

NORTH CLUSTER

Jessica (801) 432-0720
jessica.fostercare@gmail.com

CENTRAL CLUSTER

Beth (801) 426-8782
snb8782@yahoo.com

SOUTH CLUSTER

Teresa (801) 489-4178
utahsouthcluster@gmail.com

LEVEL III CLUSTER

Staci (801) 825-0625
staci0625@gmail.com

ADOPTION CLUSTER

Ronnett (801) 369-9734
adoptedfosterkids@gmail.com

Anna (801) 369-6664
annafechter@gmail.com

KINSHIP CLUSTER

Carmen (801) 830-4646
flybabycarmen@gmail.com

PATHWAYS

Class 1

Rachel Jones

January 22; 1:00-5:00pm

Provo DCFS Room 5020 & 5030

Pathways classes are mandatory in order to adopt a child from foster care. Information about post adoption services/support & trauma informed parenting techniques. Email rrjones@utah.gov to register.

PATHWAYS

Class 2

Rachel Jones

January 29; 1:00-5:00pm

Provo DCFS Room 5020 & 5030

Pathways classes are mandatory in order to adopt a child from foster care. Information about post adoption services/support & trauma informed parenting techniques. Email rrjones@utah.gov to register.

HEALING TRAUMA

Modules 7 & 8

Terumi Sagers, BS

December 17; 5:30-8:30pm

Fred House Academy/14727 S Minuteman Dr

Becoming an Advocate & Taking Care of Yourself: Become a trauma-informed advocate and increase your personal coping skills and resiliency.

FOUNDATIONS FOR YOUTH

Session 1

Liz Rivera, MS, SSW

January 28; 5:30-9:30pm

Fred House Academy/14727 S Minuteman Dr

Introduction and Solution Focused Relationships

FOUNDATIONS FOR YOUTH

Session 2

Terri Rowley, LCSW

February 27; 5:30-9:30pm

Fred House Academy/14727 S Minuteman Dr

The Effects of Trauma on Adolescent Development

FOUNDATIONS FOR YOUTH

Session 3

Terumi Sagers, BS

March 25; 5:30-9:30pm

Fred House Academy/14727 S Minuteman Dr

Introduction to Life Skills Assessment and Learning Plans

Fred House Academy is located in Draper. It is on the east side of I-15, south of the DMV.

Locate your Cluster...

North: Cities north of Lindon to the Utah County border

South: Cities south of Provo including Millard/Juab

Central: Provo/Orem & Wasatch/Summit (for now)

Level III: Those who care for Level 3 children

Adoption: Those who have adopted from Utah's foster care system (with or without current licenses)

KINSHIP

Teen Panel & TAL Information

Panel Presentation

December 10; 6:00-8:00pm

Orem UFC / 274 W Center St

Hear first-hand experiences from our teens who have been or are in care. Milton Gale will be here to answer questions about the Transition to Adult Living (TAL) Program.

NORTH

Open Q&A for Foster Parents

Panel Discussion

December 13; 6:00-8:00pm

Orem UFC / 274 W Center St

Ask questions about anything and everything related to your role as a foster parent. Questions submitted by Dec 12th will be entered into a raffle.

Western Region Holiday Party

December 17; 6:00-8:00pm

Orem UFC / 274 W Center St

Visit with Santa, pick out a book, watch the "Polar Express" with some refreshments, and see if we can help with some last minute gifts.

Positive Parenting

Maggie Noyes; SSW

December 20; 6:00-8:00pm

Orem UFC / 274 W Center St

Often, we can get stuck in focusing on the negative areas where our children are lacking. Come learn strategies to foster relationships while building pro-social skills in youth.

LEVEL 3

Meet the Director

Casey Christopherson, DCFS

January 7; 6:00-8:00pm

Orem UFC / 274 W Center St

Come meet Western Regional DCFS Director, Casey Christopherson. He will answer question and discuss current needs in our region.

ADOPTION

Build Your Village & Post-Adopt Resources

January 11; 6:00-8:00pm

Orem UFC / 274 W Center St

Learn about the tools that are available to you after you adopt and get to know other families who are working with youth from hard places.

CENTRAL

Accessing School Resources

Buddy Pohl J.D.

January 17; 6:00-8:00pm

Orem UFC / 274 W Center St

We will learn how to navigate and access resources for youth with more creative needs.

CENTRAL

Ask A Foster Parent Night-Teen Focus

Must RSVP: rsvp@utahfostercare.org

January 24; 6:00-8:00pm

Orem UFC / 274 W Center St

Ask local families about their experiences fostering or adopting teens, at this casual forum. You will receive in-service credit if you are not currently fostering teens. Dinner will be served!

Avoiding Power Struggles

Maggie Noyes, SSW

January 29; 6:00-8:00pm

Orem UFC / 274 W Center St

Practical tools in helping parents effectively de-escalate tantrums.

CPR/FIRST AID TRAINING

According to the Office of Licensing, ONLINE CERTIFICATION COURSES ARE ACCEPTABLE. Feel free to find a course that suits you by searching "CPR/First Aid Training or Certification." FYI, you can take a totally free course at the following website <http://www.firstaidforfree.com/>.

If you use this site, please take the "basic first aid" AND "Basic CPR" courses. They are separate courses and you will need each one to get licensed.

