

Support groups for foster, adoptive, and kinship families who meet monthly for support & training.

NORTH CLUSTER

Jessica Clay 801-995-5634 jessica.fostercare@gmail.com

CENTRAL CLUSTER

Rebekah Tucker 801-358-4409 rebekah.olsen@gmail.com

TIMPANOGOS CLUSTER

Cindy Hall 423-863-7088 cindytrent2hall@gmail.com

WASATCH/SUMMIT CLUSTER

Ali Blackbrun 435-671-1343 sallyh_10@hotmail.com

ADOPTION CLUSTER

Anna Flechter 801-636-4723 annafechter@gmail.com

KINSHIP CLUSTER

Carmen Hall 801-830-4646 flybabycarmen@gmail.com

LEVEL THREE CLUSTER

Mitzi Hunter 801-830-5807 mpinki30@msn.com

LEVEL THREE CLUSTER

Melissa 801-362-7566 mnielsenmhn@earthlink.net

RSVP FOR TRAININGS:

Please register for all classes on Bridge. If you need help, please contact your regional trainer.

POST ADOPT

Support Group

Terri Rowley, LCSW
February 1, Noon - 2:00 pm
UFC Orem | 274 W Center Street
We want to surround you with a group
that sees and understands the
emotional content and your needs.

SOUTH CLUSTER

Big Emotions in Children

Brittany Littlefield February 8, 6:00 pm - 7:30 pm Salem DCFS | 609 N State Rd UT-198

STATEWIDE

Love Languages

Denice Beacham February 26, 10:00 am - Noon Online!

STATEWIDE

Single Foster Parent Cluster

February 26, 7:00 pm - 8:00 pm Online! We meet every fourth Monday! Watch the Bridge app for the link and other info.



Utah Foster Care was granted the All Children - All Families (ACAF) Solid Tier of Recognition. The ACAF National Training Program offers expert training, capacity building, and coaching on a diverse range of LGBTQ+ topics for child welfare professionals and caregivers, as well as professionals in social and human services.

Thank you to Human Rights Campaign Utah for the important work they do. We appreciate the education and support in showing up for Utah's children in foster care.

To learn more and find resources, visit utahfoster care.org/lgbtq $\,$ The beautiful thing about life, is that we will never reach an age where there is nothing left to learn, see or be; it's magical really." - Dulce Ruby

REGIONWIDE

Support Group

Les Harris, LCSW
March 8, 6:00 pm - 8:00 pm
UFC Orem | 274 W Center Street
Meet with our LCSW and other foster
parents to support each other through
the hardships and joys of fostering.

STATEWIDE

Suicide Prevention

Denice Beacham March 20, 1:00 pm - 3:00 pm Online!

WASATCH/SUMMIT

Yoga for Soothing Your Soul

March 26, 7:00 pm - 8:30 pm Brookhaven Counseling | 2578 W 600 N Suite 102, Lindon Join us in a healing place for selfconnection to ease your body and nurture your well-being.

REGIONWIDE

Cocca with Cops

March 16, 10:00 am - 11:30 am UFC Orem | 274 W Center Street Helping children become better connected with law enforcement.

STATEWIDE

Single Foster Parent Cluster

March 25, 7:00 pm - 8:00 pm Online! We meet every fourth Monday! Watch

the Bridge app for the link and other info.



To register for in-person classes, please contact the Cluster Facilitator sponsoring the training or your region trainer.

You are welcome to attend any class being offered.

When you've completed the training, please complete the class assignment in the Training Portal.

Brian Young, Northern Region brian.young@utahfostercare.org

Terumi Sagers, Salt Lake Region terumi.sagers@utahfostercare.org

Terri Rowley, Western Region terri.rowley@utahfostercare.org

McKay Esplin, Eastern Region mckay.esplin@utahfostercare.org

Denice Beacham, Southwest Region denice.beacham@utahfostercare.org

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TRAINING KEY

Online

In-Person

Both

