

Support groups for foster, adoptive, and kinship families who meet monthly for support & training.

## CACHE CLUSTER

Mysti Anderson (435) 232-5274 mysti.jordan@yahoo.com

**BOX ELDER CLUSTER** Melissa Rasmussen (801) 941-8933 presto\_77@yahoo.com

## **OGDEN NORTH CLUSTER**

Meg Costantino (801) 837-0180 megcostantino@gmail.com

# OGDEN CLUSTER Cami Anderson (435) 757-3548

camiaba3@gmail.com

**WEBER WEST CLUSTER** Thomas Holbrook (801) 643-3957 thomasholbrook58@gmail.com

# DAVIS NORTH CLUSTER

Shelena Crowton (801) 589-4202 beautiesnbows@yahoo.com

## DAVIS SOUTH CLUSTER Lisa Clark (801) 726-4121 ceblove1999@gmail.com

# **RSVP FOR TRAININGS:**

Please register for all classes on Bridge. If you need help, please contact your regional trainer.

## NORTH & SOUTH DAVIS CLUSTERS

## BUILDING RELATIONSHIPS WITH BIO FAMILIES

Aug. 8, 6:30 pm - 8:30 pm Clearfield DCFS, 1350 E. 1450 S. Discuss the challenges and benefits of building relationships with bio families. Dinner provided. RSVP to Lisa, 801-726-4121

## WEBER & WEST OGDEN CLUSTER

## HELPING CHILDREN BUILD CONFIDENCE

Marc Anson, LCSW Aug. 13, 6:30 pm - 8:30 pm Ogden UFC, 3340 S. Harrison Blvd. Learn tips for helping children build their self-confidence. RSVP to Meg, 801-837-0180

## STATEWIDE

## SELF-CARE FOR MENTORS

Aug. 19, 6:00 pm - 8:00 pm Online Watch the Bridge app for the link and other info.

## BOX ELDER CLUSTER

## FOSTER PARENT SUPPORT

Mike Hamblin, CSW Aug. 8, 6:00 pm - 8:00 pm Brigham City DCFS, 1050 S. Medical Dr. Come listen, share and learn as we talk about the challenges of fostering, grief and loss, and the importance of supporting each other. RSVP to Mysti, 435-232-5274

#### CACHE CLUSTER

## FOSTER PARENT SUPPORT

Mike Hamblin, CSW Aug. 16, 6:00 pm - 8:00 pm Logan DCFS, 115 W. Golf Course Rd. Come listen, share and learn as we talk about the challenges of fostering, grief and loss, and the importance of supporting each other. RSVP to Mysti, 435-232-5274

## STATEWIDE

#### **IMPACT OF BULLYING**

Denice Beacham Aug. 22, 10:00 am - 12:00 pm Online This is an open forum training. I'm learning from you! Come ready to share thoughts and motivations in this important work.

# STATEWIDE

## ASK A FOSTER PARENT? LET'S HEAR FROM YOU!

Denice Beacham Aug. 28, 6:30 pm - 8:00 pm Online This is an open forum training. I'm learning from you! Come ready to share thoughts and motivations in this important work.

#### SINGLE FOSTER PARENTS CLUSTER

**STATEWIDE** 

Topic/Presenter TBA Aug. 26, 7:00 pm - 8:00 pm Online

We meet every fourth Monday. Watch the Bridge app for the link and other info. Google Meet:



"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart." -Helen Keller

## NORTH & SOUTH DAVIS CLUSTERS

#### THE COLOR CODE

Brian Young, SSW Sept. 12, 6:30 pm - 8:30 pm Clearfield DCFS, 1350 E. 1450 S. What motivates you to do what you do? Learn how understanding ourselves better helps us better understand others. Light snacks provided. RSVP to Lisa, 801-726-4121

#### **STATEWIDE**

#### SUICIDE PREVENTION

Denice Beacham Sept. 18, 1:00 pm - 3:00 pm Online Suicide in our kids is on the rise. Come learn signs and ways to help prevent suicide.

#### STATEWIDE

#### SINGLE FOSTER PARENTS CLUSTER

Topic & Presenter TBA Sept. 23, 7:00 pm - 8:00 pm We meet every fourth Monday!

We meet every fourth Monday. Watch the Bridge app for the link and other info. Google Meet:



# WEBER & WEST OGDEN CLUSTER

# **TOPIC TBD** September Date/Time TBD

Please watch Bridge for upcoming cluster meeting info.

#### BOX ELDER CLUSTER

#### THE COLOR CODE

Brian Young, SSW Sept. 19, 6:00 pm - 8:00 pm Garland FSC, 1386 S. Main St. What motivates you to do what you do? Learn how understanding ourselves better helps us better understand others. RSVP to Melissa, presto\_77@yahoo.com

#### CACHE CLUSTER

#### TBRI AND SENSORY INTEGRATION

Anna Gibson, SSW Sept. 20, 6:00 pm - 8:00 pm Logan DCFS, 115 W. Golf Course Rd. Sensory Integration is critically important in relation to TBRI principles. RSVP to Mysti 435-232-5274

#### STATEWIDE

### ASK A FOSTER PARENT? LET'S HEAR FROM YOU!

Denice Beacham Sept. 25, 6:30 pm - 8:00 pm Online This is an open forum training. I'm learning from you! Come ready to share thoughts and motivations in this important work.



To register for in-person classes, please contact the Cluster Facilitator sponsoring the training or your region trainer.

You are welcome to attend any class being offered.

When you've completed the training, please complete the class assignment in the Training Portal.

Brian Young, Northern Region brian.young@utahfostercare.org

Terumi Sagers, Salt Lake Region terumi.sagers@utahfostercare.org

Terri Rowley, Western Region terri.rowley@utahfostercare.org

McKay Esplin, Eastern Region mckay.esplin@utahfostercare.org

Denice Beacham, Southwest Region denice.beacham@utahfostercare.org

Liz Rivera, Director of Education liz.rivera@utahfostercare.org



