

Western Region Cluster Information

For in-service training details, see the training pages.



South

Facilitator: TBA

Phone UFCF: 801.373.3006



Kinship/Adoption

Facilitator: Cayce

Phone: 801.607.2733

adoptionkinshipcluster@gmail.com



Central

Facilitator: Beth

Phone: 801.426.8782

snb8782@yahoo.com



Level III

Facilitator: Ami

Phone: 801.319.9669

amichantrill@gmail.com



Timpanogos

Facilitator: Jennie

Phone: 801.756.1845

jennie@1daywindow.com



Timpanogos

Facilitator: Becky

Phone: 801.796.5136

beckymaland@hotmail.com



North Star

Facilitator: Shanna

Phone: 801.360.2011

northstarcluster@yahoo.com



North Star

Facilitator: Amanda

Phone: 801.319.3678

northstarcluster@yahoo.com



Crossroads

Facilitator: Stephanie

Phone: 801.789.7753

eventsinabox@yahoo.com

Level III

Communicate With Teens

Presented by
Catherine Johnson, WMH

Confused? Are you hearing
“apples” when they say
“oranges”? Let’s learn how
we can all speak “banana”.

April 13

10 am – 12 pm

Orem DCFS

1106 N 1200 West

Timpanogos

Lifebooks

Presented by
Heidi Naylor

Bring your own pictures
and scrapbooking materials
and learn creative ways to
preserve memories and build
a Lifebook.

April 19

6:30 pm – 8:30 pm

American Fork DCFS

861 E 900 N

UFCF

Foundations for Youth #1

Presented by
Nancy Zelenak

“Building Trusting
Relationships” this is the
first of a four part series for
foster parents wanting to
foster youth ages 14+.

April 22

5:30 pm – 9:30 pm

UFCF

252 N Orem Blvd

Adopt/Kinship

Summer Activities for Kids

Presented by
Cayce Thill

There are many things to do
in Utah in the summer! Fun
things! Free things! Wanna
know what they are? Attend
this training!

April 28

7 pm – 9 pm

UFCF

252 N Orem Blvd

Cluster Meetings/Training



UFCF

Foundations for Youth #2

Presented by
Nancy Zelenak

“Adolescent Behavior” is the focus of session two in this four part series.

April 29

5:30 pm – 9:30 pm

Orem DCFS Office

1106 N. 1200 W.

North Star

Fetal Alcohol Spectrum

Presented by
Lynn Tanner

What can I expect of a child diagnosed with FASD? What are the current trends in caring for a child with FASD? Come get these and other questions answered.

May 5

Please register by
Friday, April 29th.

6:30 pm – 8:30 pm

American Fork DCFS

861 E 900 N

Timpanogos

Keeping Kids Safe

Presented by
Utah Pride Center

All children deserve to feel and be safe in their foster homes, schools and in public. This training will open your eyes to being sensitive to issues we don't consider on a daily basis.

May 10

6:30 pm – 8:30 pm

American Fork DCFS

861 E 900 N

Level III

Routine Changes for Summertime

Presented by
Lanice Hollingsworth

Many children and teens struggle with the schedule change from a school year to summer vacation. These helpful tips will make it easier.

May 11

10 am – 12 pm

Orem DCFS Office

1106 N. 1200 W.

Central

Internet & Cell Phone Safety

Presented by
Crimes Against Children Task Force

This will cover cyber-bullying, online victims and predators as well as safe cell phone usage. Utah statistics and resources are shared.

May 11

6:30 pm – 8:30 pm

UFCF

252 N Orem Blvd

UFCF

Foundations For Youth 3 & 4

Presented by
Nancy Zelenak

We're going to combine the last two sessions to learn about 'Assessing, Planning and Teaming' as well as "TAL info".

May 14

10 am – 4 pm

UFCF

252 N Orem Blvd

UFCF

"Martian Child"

Presented by
Nancy Zelenak

Watch a movie, eat popcorn and join in our guided discussion of the importance of validating a child's transitional issues into a foster/adoptive home.

May 24

6:30 pm – 8:30 pm

UFCF

252 N Orem Blvd

Crossroads

Allegation Prevention

Presented by
Nancy Zelenak

Information will be presented to increase your awareness and management of hurtful allegations from children, teens or birth parents.

June 2

6:30 pm – 8:30 pm

4101 N. Wood Road

Eagle Mtn (city center)

Western Training, Etc.



Timpanogos

Pornography

Presented by
Martin Roundy

Understanding why
pornography addiction is a
brain disease.

June 8

6:30 pm – 8:30 pm

Amer Fork DCFS

861 E 900 N

Central

Visits and After Visits

Presented by
Bert Peterson and Karin
Armstrong

The difficulties children
experience during and
after family visits are quite
exhausting to foster parents.
Why are the kids so hyper, so
angry, so different?

June 8

6:30 pm – 8:30 pm

UFCF

252 N. Orem Blvd.

North Star

Family Problem Solving

Presented by
Irl Carlson

What is a caregiver to do?
Practical applications of how
to resolve conflicts, deal with
disobedience and cultivate
love. How to parent in non-
punitive ways.



June 12

6:30 pm-8:30 pm

American Fork DCFS

861 E 900 N

Adopt/Kinship

Open Forum of Support

Presented by
Cayce Thill

Cayce will lead the
discussion to focus on
your adoption questions
and kinship struggles. Ask
anything, we've been there,
done that!

June 28

7 pm – 9 pm

UFCF

252 N Orem Blvd

UFCF

"White Oleander"

Presented by
Nancy Zelenak

Movie, popcorn and a guided
discussion about a foster
parent's influence on teens in
foster care.

June 28

6:30 pm – 8:30 pm

UFCF

252 N Orem Blvd

**Please
PRE-REGISTER
for classes.
If there is a time
change, location
change, or
cancellation we
can only notify
those who are on
the roll.**

What are Clusters?

Clusters are groups of foster,
adoptive and kinship families
that meet together on a
monthly basis.

Clusters can help you:

- Obtain in-service training hours
- Meet other foster, adoptive and kinship families
- Get support
- Arrange respite care
- Attend fun family activities

Contact the Cluster facilitator
nearest you or contact Jessica
at 801.373.3006 for more
information.

How to Register for Training

Contact:

Nancy Zelenak

Western Region Trainer

801.373.3006

nancy.zelenak@
utahfostercare.org