



Western Region Cluster Information

For in-service training details, see the training pages.



South
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Kinship/Adoption
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Central
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Level III
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Timpanogos
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North Star
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North Star
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Crossroads
Facilitator: Stephanie
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Level III	Timpanogos	UFCF	Adopt/Kinship
<p>Communicate With Teens</p> <p>Presented by Catherine Johnson, WMH</p> <p>Confused? Are you hearing “apples” when they say “oranges”? Let’s learn how we can all speak “banana”.</p> <p>April 13</p> <p>10 am – 12 pm</p> <p>Orem DCFS</p> <p>1106 N 1200 West</p>	<p>Lifebooks</p> <p>Presented by Heidi Naylor</p> <p>Bring your own pictures and scrapbooking materials and learn creative ways to preserve memories and build a Lifebook.</p> <p>April 19</p> <p>6:30 pm – 8:30 pm</p> <p>American Fork DCFS</p> <p>861 E 900 N</p>	<p>Foundations for Youth #1</p> <p>Presented by Nancy Zelenak</p> <p>“Building Trusting Relationships” this is the first of a four part series for foster parents wanting to foster youth ages 14+.</p> <p>April 22</p> <p>5:30 pm – 9:30 pm</p> <p>UFCF</p> <p>252 N Orem Blvd</p>	<p>Summer Activities for Kids</p> <p>Presented by Cayce Thill</p> <p>There are many things to do in Utah in the summer! Fun things! Free things! Wanna know what they are? Attend this training!</p> <p>April 28</p> <p>7 pm – 9 pm</p> <p>UFCF</p> <p>252 N Orem Blvd</p>

Cluster Meetings/Training



UFCF	North Star	Timpanogos	Level III
<p>Foundations for Youth #2</p> <p>Presented by Nancy Zelenak</p> <p>“Adolescent Behavior” is the focus of session two in this four part series.</p> <p>April 29</p> <p>5:30 pm – 9:30 pm</p> <p>Orem DCFS Office</p> <p>1106 N. 1200 W.</p>	<p>Fetal Alcohol Spectrum</p> <p>Presented by Lynn Tanner</p> <p>What can I expect of a child diagnosed with FASD? What are the current trends in caring for a child with FASD? Come get these and other questions answered.</p> <p>May 5</p> <p>Please register by Friday, April 29th.</p> <p>6:30 pm – 8:30 pm</p> <p>American Fork DCFS</p> <p>861 E 900 N</p>	<p>Keeping Kids Safe</p> <p>Presented by Utah Pride Center</p> <p>All children deserve to feel and be safe in their foster homes, schools and in public. This training will open your eyes to being sensitive to issues we don’t consider on a daily basis.</p> <p>May 10</p> <p>6:30 pm – 8:30 pm</p> <p>American Fork DCFS</p> <p>861 E 900 N</p>	<p>Routine Changes for Summertime</p> <p>Presented by Lanice Hollingsworth</p> <p>Many children and teens struggle with the schedule change from a school year to summer vacation. These helpful tips will make it easier.</p> <p>May 11</p> <p>10 am – 12 pm</p> <p>Orem DCFS Office</p> <p>1106 N. 1200 W.</p>

Central	UFCF	UFCF	Crossroads
<p>Internet & Cell Phone Safety</p> <p>Presented by Crimes Against Children Task Force</p> <p>This will cover cyber-bullying, online victims and predators as well as safe cell phone usage. Utah statistics and resources are shared.</p> <p>May 11</p> <p>6:30 pm – 8:30 pm</p> <p>UFCF</p> <p>252 N Orem Blvd</p>	<p>Foundations For Youth 3 & 4</p> <p>Presented by Nancy Zelenak</p> <p>We're going to combine the last two sessions to learn about 'Assessing, Planning and Teaming' as well as "TAL info".</p> <p>May 14</p> <p>10 am – 4 pm</p> <p>UFCF</p> <p>252 N Orem Blvd</p>	<p>“Martian Child”</p> <p>Presented by Nancy Zelenak</p> <p>Watch a movie, eat popcorn and join in our guided discussion of the importance of validating a child's transitional issues into a foster/adoptive home.</p> <p>May 24</p> <p>6:30 pm – 8:30 pm</p> <p>UFCF</p> <p>252 N Orem Blvd</p>	<p>Allegation Prevention</p> <p>Presented by Nancy Zelenak</p> <p>Information will be presented to increase your awareness and management of hurtful allegations from children, teens or birth parents.</p> <p>June 2</p> <p>6:30 pm – 8:30 pm</p> <p>4101 N. Wood Road</p> <p>Eagle Mntn (city center)</p>

Western Training, Etc.



Timpanogos	Central	North Star	Adopt/Kinship
<p>Pornography</p> <p>Presented by Martin Roundy</p> <p>Understanding why pornography addiction is a brain disease.</p> <p>June 8 6:30 pm – 8:30 pm Amer Fork DCFS 861 E 900 N</p>	<p>Visits and After Visits</p> <p>Presented by Bert Peterson and Karin Armstrong</p> <p>The difficulties children experience during and after family visits are quite exhausting to foster parents. Why are the kids so hyper, so angry, so different?</p> <p>June 8 6:30 pm – 8:30 pm UFCF 252 N. Orem Blvd.</p>	<p>Family Problem Solving</p> <p>Presented by Irl Carlson</p> <p>What is a caregiver to do? Practical applications of how to resolve conflicts, deal with disobedience and cultivate love. How to parent in non-punitive ways.</p> <p> June 12 6:30 pm-8:30 pm American Fork DCFS 861 E 900 N</p>	<p>Open Forum of Support</p> <p>Presented by Cayce Thill</p> <p>Cayce will lead the discussion to focus on your adoption questions and kinship struggles. Ask anything, we've been there, done that!</p> <p>June 28 7 pm – 9 pm UFCF 252 N Orem Blvd</p>

UFCF
<p>"White Oleander"</p> <p>Presented by Nancy Zelenak</p> <p>Movie, popcorn and a guided discussion about a foster parent's influence on teens in foster care.</p> <p>June 28 6:30 pm – 8:30 pm UFCF 252 N Orem Blvd</p>

**Please
PRE-REGISTER
for classes.
If there is a time
change, location
change, or
cancellation we
can only notify
those who are on
the roll.**

What are Clusters?

Clusters are groups of foster, adoptive and kinship families that meet together on a monthly basis.

Clusters can help you:

- Obtain in-service training hours
- Meet other foster, adoptive and kinship families
- Get support
- Arrange respite care
- Attend fun family activities

Contact the Cluster facilitator nearest you or contact Jessica at 801.373.3006 for more information.

How to Register for Training

Contact:

Nancy Zelenak

Western Region Trainer

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