

Clusters



WHAT'S A CLUSTER?

Clusters are peer groups for foster, adoptive, and kinship families who meet together on a monthly basis for support & required training.

Learn more, *online!*

NORTH CLUSTER

Britta (801) 367-3329
brittakale@gmail.com

CENTRAL CLUSTER

Beth
utahcentralcluster@gmail.com

SOUTH CLUSTER

Teresa
utahsouthcluster@gmail.com

LEVEL III CLUSTER

Staci
staci0625@gmail.com

ADOPTION CLUSTER

Ronnett
adoptedfosterkids@gmail.com

UFC GROUP

Foundations for Youth, Class 2

Terri Rowley, LCSW

June 26; 5:30-9:30pm

Fred House Academy/14727 Minuteman Dr

The Effects of Trauma on
Adolescent Development.

Fred House Academy is located in Draper.

UFC GROUP

Foundations for Youth, Class 3

Terumi Sagers, BS

July 31; 5:30-9:30pm

Fred House Academy/14727 Minuteman Dr

Introduction to Life Skills
Assessment & Learning Plans.

Fred House Academy is located in Draper.

UFC GROUP

Foundations for Youth, Class 4

Maggie Noyes, SSW

August 28; 5:30-9:30pm

Fred House Academy/14727 Minuteman Dr

Transition to Adult Living Skill Building.

This is the end of the Summer series.

Fred House Academy is located in Draper.

UFC GROUP

Foundations for Youth, Class 1

Liz Rivera, MS, SSW

September 25; 5:30-9:30pm

Fred House Academy/14727 Minuteman Dr

Introduction & Solution-
Focused Relationships.

This is the start of the Autumn series.

Fred House Academy is located in Draper.

Locate your Cluster...

North: Cities north of Lindon to the Utah County border

South: Cities south of Provo including Millard/Juab

Central: Provo/Orem & Wasatch/Summit (for now)

Level III: Those who care for Level 3 children

Kinship: Those who hold Kinship foster care licenses

Adoption: Those who have adopted from Utah's foster care system (with or without current licenses)

RSVP FOR CLASSES & CLUSTERS!

If a class or Cluster is cancelled, moved or rescheduled, we can only alert you if you've RSVP'd!

Help us help you — RSVP!

RSVP: PHONE NUMBERS & E-MAIL ADDRESSES IN THE LEFT SIDEBAR.

KINSHIP

The Power of Positivity

Maggie Noyes, SSW

June 14; 6:30-8:30pm

Orem UFC/274 West Center Street

Learn how to build foundational relationships with your foster children, while reinforcing positive behaviors.

NORTH

It's All in the Family

Family Panel Discussion

June 19; 6:30-8:30pm

Orem UFC/ 274 W Center Street

Fostering children is a family affair. Come here from a variety of ages and stages as they talk about the joys and struggles of being a fostering family.

UFC GROUP

It's in the Bag

Terri Rowley, LCSW

July 6; 6:00-7:30pm

Orem UFC/ 274 W Center Street

We will learn a system of food storage that bags everything you need for a ready to go meal that simplifies cooking for youth and will make your unpredictable life easier.

CENTRAL

Drugs & Their Effects

Orem Police Dept.

July 20; 6:00-9:30pm

Orem UFC/ 274 W Center Street

Let's hear the most updated information about the war on drugs and what we should be aware of.

UFC GROUP

Positive Discipline

Maggie Noyes, SSW

July 27; 6:00-8:00pm

Orem UFC/ 274 W Center Street

Learn evidence-based parenting strategies to best deal with problem behaviors.

SOUTH

Communication through Art

Ann Measom

August 8; 6:00-9:00pm

Sp Fork DCFS/ 607 E Kirby Ln

Art tends to be one way kids open up and share their feelings. We will learn some of the fun things that spark their interest and start the flow of communication.

LEVEL 3

Love & Marriage

Terri Rowley, LCSW

August 11; 6:00-8:00pm

Orem UFC/ 274 W Center Street

Bring your spouse for a FUN night including our own version of the TV show "Love and Marriage," as well as some great insights into bettering your relationship as partners.

CPR/FIRST AID TRAINING

According to the Office of Licensing, ONLINE CERTIFICATION COURSES ARE ACCEPTABLE. Feel free to find a course that suits you by searching "CPR/First Aid Training or Certification." FYI, you can take a totally free course at the following website <http://www.firstaidforfree.com/>.

If you use this site, please take the "basic first aid" AND "Basic CPR" courses. They are separate courses and you will need each one to get licensed.

PARENTING TIP

Rewards, punishment, and ignoring are often used as consequences. What consequences Do & Don't Do:

- Do: Teach basic lessons and provide external motivation.
- Don't: Teach complex thinking skills, build relationships or help kids stay regulated.

Remember: when we interact with a child the most important tool we have is the relationship.

