

Ask the Director Column



Carol Baumann is the Director/Supervisor of the Northern Region Division of Child and Family Services (DCFS). She has agreed to initiate a column in the Foster Roster where she answers the questions of foster parents.

We will choose the questions that we feel are most valuable to everyone and publish the questions with Carol's response in the next issue of the Foster Roster. Please email your questions to kristie.schaefer@utahfostercare.org or fax them to

801-392-1112 (Please write: Attention Kristie)

" A mother is a person who seeing there are only four pieces of pie for five people, promptly announces she never did care for pie." ~Tenneva Jordan

Northern Region

Northern Region Office

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Area Representative

Brenda Durtschi

Foster/Adoptive Family Recruiter

Maryanne McFarland

Trainer

Brian Young

Retention Specialist

Kristie Schaefer

www.utahfostercare.org

Northern Region Cluster Information

For in-service training details, see the training pages.



Weber West

Facilitator: Rebekah
Phone: 801.773.7268
houhi43@yahoo.com



Box Elder

Facilitator: Jenn
Phone: 801.643.0630 talk
or text
boxeldercluster@yahoo.com



North Davis

Facilitator: Danyelle
Phone: 801.510.1960
dany3113@comcast.net



Ogden

Facilitator: Amber
Phone: 801.814.5693
tsprague3686@msn.com



South Central Davis

Facilitator: Amanda
Phone: 801.298.6381
david@davidburkemusic.com



Level III

Facilitator:
Phone:



Cache Valley

Facilitator: Laura
Phone: 435.753.7232
laura.nelson@digis.net

How to Register for Training

Please register with the individual Cluster facilitators for specific Cluster training, for other training please register with the person identified in the course description.

Cluster Meetings/Training

So./Central Davis

Creative Finances

Presented by
Amanda Burke,
Cayce Thill

Come learn ways to cut back on your grocery bill, have more participation in dinner prep, new dinner ideas and routines, find free family events and just get better at stretching your dollars.

April 19

6 pm – 8 pm

Bountiful DCFS

57 W. 200 N.

Bountiful

So./Central Davis

Parenting the Child Affected by ADHD

Presented by
Darcey Hirst

ADD/ADHD is a common diagnosis especially among children in foster care. We will discuss what ADD/ADHD IS and IS NOT. Parenting tips will be given.

May 10

6 pm – 8 pm

Bountiful DCFS

57 W. 200 N.

Bountiful

So./Central Davis

Transitions: When Children Enter and Leave our Homes.

Presented by
Maryanne McFarland, CSW

Understanding, from the child's perspective, what the emotional trauma associated with moving from one placement to another feels like is critical in being able to support them as they attempt to make sense of their new situation.

June 14

6 pm – 8 pm

Bountiful DCFS

57 W. 200 N.

Bountiful

Level III April

No meeting this month. Please plan to attend the UFCF Symposium on Trauma and Attachment. Contact Maryanne for details.

Level III May

Fostering Teens Forum

Foster families and teens talk about the challenges and rewards of fostering teens. In-service training credit available for licensed foster parents.

RSVP for dinner tickets to Maryanne or Brenda at 801.392.1114.

Please, no children

Limited to 25 couples

May 4

6:30 pm – 8:30 pm

Ogden DCFS

950 W. 25th Street

Main Conference Room

Level III June

No meeting in June

North Ogden

Parenting the Child Affected by ADHD

Presented by
Darcey Hirst

ADD/ADHD is a common diagnosis especially among children in foster care. We will discuss what ADD/ADHD IS and IS NOT. Parenting tips will be given.

April 28

6:30 pm – 8:30 pm

Ogden DCFS

950 W. 25th Street

Ogden

North Ogden

Ask an RFC Night

Presented by
Maegen Bernardo, DCFS
RFC Supervisor

Come take the opportunity to talk with Maegen about the Resource Family Consultant/Foster Parent relationship.

May 16

6:30 pm – 8:30 pm

Ogden DCFS

950 W. 25th Street

Ogden

Cluster Meetings/Training



North Ogden

An Evening with the Director

Presented by
Carol Baumann, DCFS
Northern Region Director

Take advantage of this opportunity to talk with our Director about current issues facing the Division, as well as having a chance to ask and be asked questions about how to improve our working relationship.

June 7
6 pm – 8 pm
Ogden DCFS
950 W. 25th Street
Ogden

N.Davis/Weber W.

Understanding the IEP

Presented by
Karen Greenwell, Allies
With Families

Parents are often the first to recognize that their child would be more successful at school with help, but it is difficult to know where to begin. Come and learn how to access an IEP or 504 for your child.

April 19
6:30 pm – 8:30 pm
Clearfield DCFS
1350 E. 1450 S.
Clearfield

N.Davis/Weber W.

Parenting the Sexualized Child

Presented by
Liz Rivera, MS

It's challenging to know the best way to parent a child who has been sexually abused. This training will help us understand their needs and perspectives and give insight into what we can do to help.

May 17
6 pm – 9 pm
Clearfield DCFS
1350 E. 1450 S.
Clearfield

N.Davis/Weber W.

Keeping Your Marriage Strong

Presented by
Jeff Tesch, LMFT

Come spend a fun evening learning how we can improve our marriage relationships... even while doing foster care.

June 8
6:30 pm – 8:30 pm
Clearfield DCFS
1350 E. 1450 S.
Clearfield

Box Elder

Keeping Yourself Emotionally Healthy

Presented by
Dr. Karly McGuire, LMFT

The best way to help your children heal is to be emotionally healthy yourself! Come have some dinner and learn how!

April 29
6:30 pm – 8:30 pm
Brigham DCFS
1050 N. Medical Dr.
Brigham City

Box Elder

The Relationship with Biological Families

Presented by
Panel including DCFS caseworker, foster parents and bio-parents.

Relationships with biological families can be tricky. This training is designed to help you develop healthy relationships as you hear from all sides of the issue! Dessert will be served.

May 20
6:30 pm – 8:30 pm
Brigham DCFS
1050 N. Medical Dr.

Box Elder

Box Elder Cluster Family Barbeque

Come have dinner, chat with other foster families and let the kiddos play! Can't wait to see you there!

Location and time yet to be determined. Watch for flyer and email.

June 24

Cache

The Road to Permanency

Presented by
Panel including DCFS DCFS Ongoing Caseworkers

This training will help us as foster parents be better prepared for the possible road blocks we all encounter while helping children return home. Childcare provided only if you RSVP to Laura 435-753-7232 before the date of the training. Please leave a msg.

April 15
6:30 pm – 8:30 pm
Logan DCFS
115 W. Golf Course Rd.

Cluster Meetings/Training



Cache

The Color Code

Presented by
Brian Young, SSW

Life is about relationships...

Understanding behavior means understanding what drives it. This class will focus on the "why"... and it's fun!! Childcare provided only if you RSVP to Laura 435-753-7232 before the date of the training. Please leave a msg.

May 20

6:30 pm – 9 pm

Logan DCFS

115 W. Golf Course Rd.

Logan

Cache

Trauma and the Developing Brain

Presented by
Liz Rivera, MS

Understanding what effects trauma can have on a child's brain. Childcare provided only if you RSVP to Laura 435-753-7232 before the date of the training. Please leave a msg.

June 17

6:30 pm – 8:30 pm

Logan DCFS

115 W. Golf Course Rd.

Logan

Join the Peer Team

Presented by
Pam Takos

Peer parents teach parenting, home management, and life skills while providing a support system to families receiving DCFS intervention. Peer parents earn \$9.50/hour and determine their own hours and schedules. It's fun, interesting, and immensely rewarding! If you are interested, please plan on attending the next Basic Peer Parent Training. Contact Pam Takos [801-397-1363 or grystone@burgoyne.com to register for the training. This training also counts towards foster care on-going training hours.

*Are you more interested in working with youth? The Youth Advocate Program might be just what you're looking for! Call Pam Takos for more information.

April 16

9 am – 1 pm

Clearfield DCFS

1350 E. 1450 S. (Enter on the south side)

Foundations for Youth/Level III

Presented by
Jennifer Larson, DCFS, Regional Trainer

The Division of Child and Family Services is offering another series of FFY / Level III Trainings. These classes focus on the importance of building relationships, assessment, planning, goal setting, and supporting our youth through these processes. The current Level III training is an extension of FFY, which is currently required for families caring for children 14 and older and encouraged with children 8 and up. If you have a Level III child in your home, you will need to attend both trainings. To register please call Sherrin Weiss, 801-395-5986 or email at sweiss@utah.gov

FFY 1 – April 5th, 2011

FFY 4 – April 26th, 2011

FFY 2 – April 12th, 2011

Level III – May 3rd, 2011

FFY 3 – April 19th, 2011

Level III – May 10th, 2011

10 am – 2 pm

Ogden DCFS, 950 W. 25th Street, Ogden

Transitional Counseling

Remember how anxious you were to move to a new home, neighborhood, or even state? You had to make new friends, learn new cultures, "fit in" all over again. Remember how it was easier because you had your family? Mom, dad, brothers, sisters... all going through the same thing. Now imagine having to move to a new "family"... alone. Complete strangers you have to live with and rely on 24/7. "Will they like me? Will they hurt me? What happens if I mess up? I miss my mom... I don't want to be here, I want to go home... Everyone always leaves me, so I'll hurt them before they can hurt me..." Get the picture? You want it to be successful..

DCFS wants it to be successful... That's why they are now recommending Transitional Counseling for every placement at the Christmas Box House. This program is designed as a pre-placement process to ease the transition of a child into your home. Let them help you, so you can help the children.