

VOLUME

09

APRIL
2010

A MONTHLY
NEWSLETTER FOR
FOSTER & ADOPTIVE
PARENTS IN UTAH



Utah Foster Care
FOUNDATION

fosterroster

Utah Foster Care Foundation Offices

Murray

5296 S. Commerce Dr. #400
Murray, UT 84107
Phone: 801.994.5205
Fax: 801.994.5206
Toll Free: 877.505.KIDS

Ogden

3340 S. Harrison Blvd. #200
Ogden, UT 84403
Phone: 801.392.1114

Orem

252 N. Orem Blvd.
Orem, UT 84057
Phone: 801.373.3006

Price

475 W. Price River Dr. #152
Price, UT 84501
Phone: 435.636.0210

Roosevelt

Phone: 435.724.0959

Vernal

1052 W. Market Dr.
Vernal, UT 84078
Phone: 435.781.4224

Moab

180 S. 300 E., Ste. C
Moab, UT 84532
Phone: 435.259.3345

St. George

321 N. Mall Dr. #B102
St. George, UT 84790
Phone: 435.656.8065

Richfield

201 E. 500 N.
Richfield, UT 84701
Phone: 435.896.1232



STATEWIDE UPDATE

in this issue

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Annual Festival Celebrates Foster Families

Each year, more than 100 artists grace the streets of The Gateway to do what's been described as "performance art." Some are art students, some are housewives, some are engineers, some are professional artists in other mediums.

The Utah Foster Care Foundation's annual Chalk Art Festival reaches at least 20,000 people with the message that every child deserves a home. Each artist knows they are chalking for more than just fun. All proceeds benefit the 2600 Utah children in foster care and the amazing families who bring safety and love into their lives.

Artists and volunteers: Students in grades 6-12 are free!
Register online at www.chalkartfestival.org.

Foster Parent Ambassadors: We are looking for experienced foster parents to answer questions at our information booths on both days.
Contact mike.hamblin@utahfostercare.org or call 877-505-KIDS (5437)

Sponsorships: Consider dedicating a chalk art square to your favorite dad, individual or business! For details on sponsorships, contact deborah.lindner@utahfostercare.org



2010 Chalk Art Festival
Friday, June 18 – Saturday, June 19
The Gateway
Downtown Salt Lake City

And don't miss the awards for Utah's Foster/Adoptive Dads of the Year on Saturday, June 19th on the main stage area. We hope to see you there!



Charles S.

Birthdate: 02/1993
Grade in School: 10th
Heritage: Caucasian

Rachel Ray and Wolfgang Puck are no match for this teen in the kitchen. Charles loves to cook and wants to be a gourmet chef when he grows up.

He is a great help to those in need and doesn't mind the challenge of a little hard work.

Charles enjoys playing and collecting cards, gardening, and is a fan of playing pool.

These wonderful characteristics, Charles' fine sense of humor and his personable nature make him a joy to be around. If your family is interested in this active teen we urge you to inquire.

For more information, please contact:
The Adoption Exchange
801.265.0444
www.utdcfsadopt.org

Scholarship Opportunities for Youth in Care

The "Olene S. Walker Transition to Adult Living" Scholarship is accepting applications for Fall 2010 semester. The application deadline is April 15, 2010. Youth in foster care who are planning to attend college this fall at any of the following Utah schools are encouraged to apply:

- University of Utah
- Utah Valley University
- Salt Lake Community College
- Weber State University
- College of Eastern Utah
- South Utah University
- Weber and Ogden ATC

To be eligible to apply for the TAL scholarship, youth must be one of the following:

- (1) An individual in foster care who has not yet attained 21 years of age, or
- (2) An individual who exited foster care, but while in foster care, after the age of 14, received 12 months of TAL services and the court terminated reunification, or
- (3) An individual who reached 18 years of age while in foster care, but has exited foster care and who has not

yet attained 26 years of age, or
(4) An individual adopted from foster care after attaining 16 years of age and who has not yet attained 26 years of age;

For more information regarding the scholarship or to download an application, please visit www.justforyouth.utah.gov and click on education.

Children's Action Network and the Dave Thomas Foundation for Adoption have partnered to create a national scholarship program, "Fostering a Future," sponsored by Capital One, to benefit youth adopted from foster care.

Application deadline is April 20, 2010. Applicants must have been adopted from the United States foster care system after the age of 13 years old.


For more information go to: <http://www.childrensactionnetwork.org/> or email Caninformation@aol.com or call 1.800.525.6789.

 **Utah Foster Care Foundation's 1st Annual Symposium**
"Attachment in Perspective" on April 21 & 22, 2010
REGISTER NOW! Space is limited



Please register via our website www.utahfostercare.org and click on the purple symposium announcement.

To make a hotel room reservation call: 1.877.498.3232 & mention Utah Foster Care Foundation

Special thanks to:
 **Presto Print**
Est. 1976



Jazmen G.

Birthday: 11/1993
Grade in School: 10th
Heritage: African American

Fostering Healthy Children

By Chris Chytraus, R.N., BSN, CPM

Program Manager
Fostering Healthy Children Program

We often get questions from foster parents regarding medications that are prescribed for a child. There are specific licensing rules for foster parents regarding administration of medications. These rules include:

Foster and proctor parents should administer prescribed medications, according to the written directions of a licensed physician. When the child is prescribed a medication by a medical provider, it should be filled at the pharmacy within 24 hours and you should begin administering it as

directed. Antibiotics should be obtained for the child immediately following the doctor's visit so they can be started immediately.

Medicine is only given to the child for whom it was prescribed. You should



Fostering Faster Follow-up

NEVER use another child's medication for any child. It is important that the prescription bottle contain the appropriate number of pills at all times according to the prescribed use. If you use another child's medication, the original child may run out of

medications prior to the refill date.

Medications can not be discontinued without the approval of the licensed physician. If the child experiences side effects they should be reported immediately to the licensed physician that prescribed the medication. NEVER stop a medication because you think the child does not need it. You must always consult with the child's primary care provider that ordered the medication. The Fostering Healthy Children program must receive a Health Visit Report signed by the doctor for all medication changes.

This outgoing and energetic young woman is Jazmen! "American Idol" may be in her future as she has a beautiful singing voice and loves to use it. In fact, when she grows up she would like a career as a singer or a dancer. Along with a talent for singing, Jazmen is also very artistic and enjoys drawing and painting. Always armed with a smile, Jazmen loves to meet new people and hang out with her friends.

If your family can provide Jazmen with the love and support she needs, we urge you to inquire.

For more information, please contact:
The Adoption Exchange
801.265.0444
www.utdcfsadopt.org

Special thanks to:



Perspectives on Adoption
Annual Adoption Conference

May 12th & 13th , 2010
South Towne Expo Center, 9575 S. State Street in Sandy, Utah.

Presented by the Utah Adoption Council (UAC)

The brochure is available on the UAC website, www.utahadoptioncouncil.com

The Holiday Inn Express and Suites in Sandy (10680 South Auto Mall Drive) are offering a rate of \$89.00 a night. Please contact them at 801.495.1317 for additional information or to book your reservation. Mention you are with a conference at the South Towne Expo Center to get the discounted rate.

U F A F A Executive Committee

President: Jennifer Gardner
1st VP: Renee Calkins
2nd VP: Cayce Thill
Secretary: OPEN
Treasurer: Beth Hardman

www.myufafa.com

Utah Foster/Adoptive Families Association (UFAFA) Corner

What is UFAFA?

The Utah Foster/Adoptive Families Association (UFAFA) has been around for many years. It existed years before the Utah Foster Care Foundation was created by the Utah legislature. At the time, it was called the Utah Foster Care Association and it worked with DCFS in helping to recruit, train, retain, support and advocate for foster parents. The Foundation has now taken on the roles of recruiting, retention and training. UFAFA now fills the roles of advocacy and support.

So What Does UFAFA Mean to You?

All licensed foster families and/or families who have adopted a child from state custody are automatically members of UFAFA. We can and will answer questions you may have about fostering. Sometimes that answer may be directing you to a resource than can help you. We can and will

provide support for you during an allegation. We can and will advocate for foster/adoptive families rights at the Legislature.

How do you get in touch with UFAFA?

The best and easiest way is to become a member of our website. www.myufafa.com All of our contact info is available there. We are also on Facebook – become a fan! You can follow us on Twitter as well (myUFAFA). We are currently trying to create an email list of our members. Please email your contact info including name, address, phone, region, email address and month licensed to ufafa1@gmail.com. We would really appreciate it! We promise to only use the info for foster/adoptive family business!

Thanks~
Jennifer, Renee, Cayce, Beth and Ember
Your UFAFA Executive Committee



SOUTHWEST REGION UPDATE

APRIL 2010

in this issue

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St. George Office

321 N. Mall Dr # B102
St. George, UT 84790
Phone: 435.656.8065
Fax: 435.656.8071
Toll Free: 877.656.8065

Area Representative

Debbie Hofhines

Trainer

Cliff Farnsworth

Retention Specialist

Diane Callister

Richfield Office

201 E. 500 N.
Phone: 435.896.1232
Toll Free: 877.656.8065

Foster/Adoptive Family Recruiter/ Retention Specialist

Marissa Douglas

Reminders to Foster Parents

By: Division of Child and Family Services

•Remember that children in foster care need to be seen by a doctor within specific timeframes and the paper work must be turned in within 3 days of the appointment. Contact the DCFS Health Care Nurse with questions regarding requirements for children in foster care.

•Foster parents are required to transport children to visitation with their birth parents and should make every effort to be on time.

•The foster care reimbursement should be used to provide for the needs of children in care. Specifically, \$41.00 each month should be spent on clothing for each child.

•Remember to follow the guidelines in the "Provider Code of Conduct" regarding how foster parents should treat children in

foster care. If you have specific questions about information in the Provider Code of Conduct, contact your Resource Family Consultant (RFC) for clarification.

•Each year, approximately 4 to 5% of foster parents experience an allegation being made against them. The two most common supported allegations against foster parents are Emotional Maltreatment and Physical Abuse. To avoid this problem, take a "time out" when you feel out of control as a foster parent and ask for help when you have children exhibiting difficult behaviors.

•Remember to take care of yourself and your spouse so you are emotionally able to take care of the children in your home.

•Remember to not take things personally when children in care are acting out. Remain calm and focus on determining what is causing the behavior.

Wishing Well Funds

Utah Foster Care Foundation has funds available to meet the special needs of children in foster care when DCFS is unable to meet these needs for any reason. *Funds are limited.*

Requests **MUST** include the following:

- Child's first name, last initial and age
- Foster parent's name and home address
- Caseworker's name and contact information
- The item being requested and the associated costs
- Brief description of how the child will benefit

Request should come in writing by a foster parent, the child in care or the caseworker.

PLEASE NOTE:

- Dispersal of funds can take up to 4 weeks.
- Checks are mailed to the foster parent's home address.
- Funds are for children in foster care **ONLY**.
- Items covered by the foster care reimbursement or by Medicaid are not eligible.
- Only requests previously denied by DCFS are eligible.

VACATIONS:

- A child in care can receive vacation funds only **ONCE** in their lifetime.
- Vacations are restricted monetarily & may not cover all costs.

SUBMIT REQUESTS TO:

Diane Callister
Utah Foster Care Foundation
321 N. Mall Dr. #B102
St. George, UT 84790

OR

diane.callister
@utahfostercare.org



Support Workers Who Help Children

By Debbie Hoffines

Southwest Region Area
Representative, Utah Foster Care
Foundation

Some jobs are difficult and gut wrenching. The hours are long, thankless and stressful. The pay stinks, case loads are high and at times dangerous. Sounds like law enforcement? Instead, think child welfare.

Imagine being a child welfare worker in Utah where budget cuts have killed any hope for relief. With bureaucracy and red tape, it's hard to be a true social worker, but that is what is expected. Try doing this job while hearing all the ugly things people say about you and your agency, things you cannot defend or justify due to confidentiality. You're thinking "dream job," huh? Well, hundreds do it throughout the state every day.

The Washington County Quality Improvement Committee wants to say

thank you in honor of March's Social Worker Month. Thanks for showing up every day and helping children and families in our community. If you support what these people do, join us the first Monday of every month from noon to 1:30 p.m. at DCFS, 377 E. Riverside Drive, to support workers and DCFS. The QIC is a neutral community partner of DCFS offering oversight and suggestions on child welfare practice.

We need diverse and concerned citizens to be part of this system of support and guidance. Call 435. 656.8065 to help.

Originally published March 9, 2010 in The Spectrum as a Letter to the Editor.

Southwest Region Partners in Parenting

MLB Studio	10% off any package	435.674.5211
Community Mortgage Co.		Brent Hofhines: 435.229.3245
Shine's Black Belt Academy	50% off program fee	435.688.7282,
Calvary Carpet, Upholstery & Tile Cleaning	20% off cleaning up to	435.656.2300, St. George
Big Scoop Café	20% off any menu item	435.656.3440, St. George
Hurricane Barber Shop	\$2.00 off	435.635.8260

Get Your Camping Gear Ready

We are now planning Southwest Region's favorite annual event. Come hang out with people who love being foster families as much as you do!

Southwest Region Cluster Campout
Fri., June 11 - Sun., June 13
Pine Lake Campground
(near Bryce Canyon)

Bring your ATV, bike, fish, hike or just RELAX. Your entire family camps free for two nights. On Friday night around the campfire, get to know other families and make s'mores!

On Saturday, work as a family team and earn two hours of in-service training from 10:00am - noon. Enjoy a lunch of delicious Dutch oven chicken, salad, chips, dessert and drinks. There will be a kids and adult drawing after lunch. Every child gets a prize!

Please mail or fax the registration form (on page 11) to:
Diane Callister
SW Retention Services Specialist
Utah Foster Care Foundation
321 N Mall Drive #B102
St George, Utah 84790
Fax # 435-656-8071



Children enjoying a game at the campout last summer.

Partners in Parenting are local businesses that want to show their appreciation for all you do by offering discounts and specials to foster families.

Just present your Resource Parent ID Card to take advantage of these offers, and be sure to let these businesses know that you appreciate their support!

While the Utah Foster Care Foundation is sincerely grateful to our Partners in Parenting, we cannot endorse any of the services or products offered. A statewide list and description of all Partners in Parenting is available at our website: www.utahfostercare.org.

The Resource Parent ID Card identifies you as one of our valued foster care providers and allows you to enjoy the benefits and savings from local merchants.

You **MUST** have your Resource Parent ID Card to access discounts from these businesses. Please do not ask for exceptions.

If you do not have a Resource Parent ID Card, please call Darcey at 877.505.KIDS.

If you are aware of any business that would like to become a Partner in Parenting, please call Tina at 801.994.5205.

To Register For Classes:

Contact:

Cliff Farnsworth
Southwest Region Trainer

Phone:

435.656.8065

Email:

cliff.farnsworth
@utahfostercare.org

Toll Free:

877.656.8065

Please be ready with your name, phone number & the title of the class you would like to be registered for.

Notes on In-Service Trainings:

- Classes are for licensed foster parents ONLY
- Training hours will be applied to re-licensing requirements
- Primary caregivers are required to attend 12+ hours of In-service training per year
- Secondary caregivers are required to attend 4+ hours of in-service training per year
- ADULTS ONLY unless otherwise specified
- Classes start on time
- You must attend the entire class to receive credit

**Director of Education
Mick Woolsey, LCSW**

Phone: 435.229.8808

Email: mick.woolsey
@utahfostercare.org

Southwest Region Training

Monthly training announcements for currently licensed foster parents

First Placement/ PMT

Date: May 10th

Time: 5:30pm - 9:30pm

Location: DCFS Regional
Office Main Floor
Conference Room
856 Sage Dr., Cedar City

Presented by

Cliff Farnsworth

This training is a Pre-service refresher as well as a chance to address specific issues with your current placement.

MUST register for training!

Required in the first year of licensure.

**Sponsored by
the Cedar City Cluster**



Foundations for Youth

Foster parents must help youth build a solid foundation upon which they can more easily make the transition to living independently.

This is a four part series that is required for all foster parents serving youth fourteen years of age and older.

Call Cliff if you are interested in this training.

Division of Child and Family Services
359 E. Riverside Drive
St. George, UT
Sponsored by the St. George Cluster

Parenting Tip of the Month

The truth about childhood is stored up in our bodies and lives in the depths of our souls. Our intellect can be deceived, our feelings can be numbed and manipulated, our perceptions shamed and confused, our bodies tricked with medications, but our soul never forgets. And because we are one, one whole soul in one body, someday our body will present "ITS BILL."

- Alice Miller

Southwest Region Training

Monthly training announcements for currently licensed foster parents

Upcoming In-Service Trainings

April 14th

7pm-9pm
Cedar DCFS Office

The Impact of Domestic Violence on Children

Presented by
Penny Prodaniuk,
DCFS DV Specialist

Training about the long term impact of domestic violence on children who witness it in their homes.

*Sponsored by the
St. George Cluster*

April 17th

9:30am-11:30am
Lion's Club
Richfield

Cultural Awareness Breakfast

Guest Speaker
A Recovering Addict

Speaker will talk about the culture of drug use.

*Sponsored by the
Richfield Cluster*

April 24th

9am-11am
Nancy's House

Cultural Awareness Breakfast

Presented by
Panel of Speakers

Panel will discuss the impact of culture on their experiences with the foster care system.

*Sponsored by the
Manti Cluster*

April 29th

7pm-9pm
USU Extension Office
197 E. Tabernacle

Parenting with Love and Logic

Presented by
Carolyn Washburn

Come learn practical skills to discipline children while still showing them that you care.

*Sponsored by the
St. George Cluster*

Need a Break from the Kids?

Cindy Sullivan, a licensed foster mom, provides respite care for parents with children in foster care and biological children every Thursday from 8:00 am - 4:30 pm at her home in Santa Clara.

Cost is \$2.50 per hour and additional children \$1.00 hour.

Interested families should call Cindy at (435) 680-3065.

Training Tips:

- **Approved Trainings-** In-service trainings provided and approved by Utah Foster Care Foundation.
- **Foundations for Youth-** FFY is required for families caring for youth 14 and up.
- **Community & Partner Trainings-** Call your regional trainer (found on page 8) for approval prior to attending a class or conference that is held within the community and is not a pre-approved training.
- **BRMT-** You must attend the entire session of Behavioral Replacement Model Training.

IMPORTANT:

TO REGISTER FOR A TRAINING THAT IS CLUSTER-SPONSORED, YOU MUST CALL YOUR AREA CLUSTER FACILITATOR, FOUND ON PAGE 10.

- **Approved On-line Training-** Families may visit the web site: www.fosterclub.com for up to 2 hours of online training per year.
- **1st Placement/PMT-** 4 Hours of Practice Model Training must be completed within the first year of licensure.
- **Peer Parent Training and Resource Family Consultant (RFC) Training-** 6 hours each per year may be used toward licensure. RFC Training must be provided by DCFS RFCs.

REMINDER:

Family team meetings do not count toward in-service training hours.

What are Clusters?

Clusters are groups of foster, adoptive and kinship families that meet together on a monthly basis.

Clusters can help you:

- Obtain In-service training hours
- Meet other foster, adoptive and kinship families
- Get support
- Arrange respite care
- Attend fun family activities

Call the Cluster facilitator nearest you or contact Diane Callister at 435.656.8065 for more information.

For more information on upcoming Cluster trainings, see "Upcoming In-Service Trainings" on page 9 .

Southwest Region Cluster Concepts

Monthly Cluster announcements for currently licensed foster parents

Cedar City/Beaver

Facilitator: Amy
435.586.7403
bates4ever@hotmail.com

Facilitator: Lisa
435.438.2651

April 14th; 7-9pm. @ Cedar City DCFS, 106 N. 100 E.
Impact of Domestic In-service, presented by P. Prodanuik, DCFS DV Specialist.

St. George

Facilitator: Brandee
435.652.3979
brandeestahlei@msn.com

April 29th; 7-9pm. @ USU Office, 44 N. 100 E.. *Parenting w/Love & Logic In-service* by Carolyn Washburn, USU Ext. Agent

Richfield

Facilitator: Coylene
435.896.2023
donandcoylene@msn.com

April 17th; 9:30-11:30am @ Richfield DCFS. *Cultural Breakfast In-service*, guest speaker recovering addict.

Manti

Facilitator: Nancy
435.283.5020
njbean11@yahoo.com

April 24th; 9-11am @ Nancy's house
Cultural Breakfast In-service, presented by guest panel.

UFCCF on Facebook

Foster families in the Southwest Region can now connect with each other on a private Facebook page. No one will see this group, except for approved foster/adoptive/kinship parents. It's a great way to communicate with other parents, find out about upcoming trainings and activities.

You need to be invited to join, so send your request to diane.callister@utahfostercare.org.

There is also an "open" Facebook page for Utah Foster Care Foundation where you can communicate with families statewide.



Southwest Region Annual Cluster Campout

June 11 - June 13

Pine Lake Campground

Directions:

Travel 13 miles east on Utah State Highway 12 from the junction at Hwy 89. Then travel 11 miles north on John's Valley Road (#22). Then head east for 6 miles on Clay Creek Road (#132).

Please note:

- No electricity hookups
- There is running water and clean toilets
- Families are responsible for their own food and drinks, except for Saturday's lunch
- Pine Lake Campground accommodates trailers or RVs up to 45 feet
- Pets must be leashed
- No discharge of fire arms or fireworks
- Unloading access for OHV trails is available
- All terrain and OHV are NOT allowed in the campground

Deadline for Registration is June 1, 2010

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

of people in your family: _____

We will be staying Friday night (free)

Yes No

We will be staying Saturday night (free)

Yes No

We will need a spot for a

Tent Trailer

We will attend Saturday's event ONLY (free)

Yes No

I am...

Resource Parent Adoptive Parent

Kinship/Specific DCFS Licensing

Utah Foster Care Foundation would like to remind you that there is a small lake and all the little hazards of camping at this outing. We would like to remind you to supervise and use all safety precautions with the children in your care. The Foundation is not responsible and cannot be held liable for any accidents that occur.

Signature: _____

Please send this form to

Diane Callister, Southwest Region Retention Specialist
321 N. Mall Dr. #B102
St. George, UT 84790
OR fax to 435-656-8071



Utah Foster Care
FOUNDATION
a private, non-profit organization

NON-PROFIT ORG.
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PERMIT NO. 579

5296 So. Commerce Dr. #400
Murray, UT 84107

utahfostercare.org / fosterteen.org

*In partnership with the
Division of Child and Family Services*

Utah Foster Care Foundation Board of Directors



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UtahFosterCare

Katy Andrews
Community Volunteer

LeRoy Franke
Division of Child & Family Services

Steve Goodrich, Vice Chair
UPS

Kevin LaRue
KSL Radio

Hank Liese, MSW, Ph.D., Chair
University of Utah

Mayor Dan McArthur
City of St. George

Salvador Mendez, MSW
Division of Juvenile Justice Services

Jean Nielsen, Secretary
Human Services, Salt Lake County

Gary Ogden
Fred A. Moreton & Co.

Fred Riley, Past Chair
LDS Church

Lori Steele
McCann Erickson

Jeff Tesch, LMFT
Foster/Adoptive Parent

Judge Kate Toomey
3rd District Court

Gloria Talley Wilkinson
Zions Bank

Jayne Wolfe, Ph.D.
Psychologist

Bruce Olson, Board Attorney
Ray, Quinney & Nebeker